

CHAMPION BAY
SENIOR HIGH SCHOOL



ENLIGHTEN

NEWSLETTER

CHAMPION BAY SENIOR HIGH SCHOOL

2022 TERM 3 ISSUE 5





Our vision for 2022 and beyond:

CBSHS students are respectful, resilient and will aspire to achieve excellence.

We believe in empowering our students to become independent learners, critical thinkers and problem solvers, in order for them to achieve their academic, social and emotional potential.

Highlights since the last newsletter:

- NAIDOC Week of celebration
- Do It for Dolly Day (Week 2) – a mental health initiative
- Targeted Teaching PL

NAIDOC Week of celebration

During the week of 8-12 August (Week 3), CBSHS held the NAIDOC celebrations.

The 'Get Up! Stand Up! Show Up! Message is a powerful one and the message is culturally diverse and was re-iterated many times during the week. The week commenced with a whole of school assembly compered by the Follow The Dream students with guest speaker Mr Dale Forsyth. Dale's message was around the incredible longevity of Aboriginal culture. During the week of 8-12 August (Week 3), CBSHS held the NAIDOC celebrations. Aboriginal and Torres Strait Islander culture.

Throughout the week there were Form presentations, sporting competitions, sand mandala construction, culminating in the annual 'cook-up' in the Healing Garden.

Congratulations to the AIEOs, Helen Thompson and all staff and students involved. This was a highlight of the annual calendar.

Staff Changes

- Mr Sean Richards (Technologies) went on leave and has resigned from CBSHS effective Monday 15 August. Sean is following a new life path and will be entering the Ministry. We wish him luck and best wishes, and he will be sadly missed by all at CBSHS.
- Congratulations to Kristie O'Brien on her appointment to the Lead Education Assistant role. Kristie will work with all EAs and with the Geraldton Lighthouse Project at CBSHS.

Attendance

Attendance is the core business of all schools and our work centres around restoring attendance to pre-COVID levels. Every absence needs to be explained - please contact the school to let us know the reasons for your student's absence. Currently the Student Services area is working on attendance planning and case management of students at risk.

Country Week

CBSHS will send a delegation of students to the re-scheduled Country Week competitions in Perth during Week 7. The team will be captained by Holly Turner and Rollan Wilson, with Aleesya Amirizal and Harry Calver as Vice Captains. Forty five students will represent the school in Boys/Girls Volleyball, Girls Netball, Dance and Boys Basketball.

The teams are coached by:

Volleyball (G) Jo Corlett
Volleyball (B) Hugh Forbes
Dance Teaka Howard
Basketball Liam Hunt
Netball Chloe Facchini

Our thanks to Emma Forrester for her organisation of this event, which has been made significantly more difficult by COVID planning expectations. Also, thanks to Kobie Oswald (School Officer) for her work in collating the very substantial excursion paperwork for this event.



Targeted Teaching Professional Learning

During Week 4, CBSHS hosted 55 instructional leaders from around the Midwest region. We know that effective teachers place students firmly at the centre of quality teaching and learning. Targeted Teaching is a Geraldton network priority and fits the upcoming Department of Education priority of Teaching for Impact which will be rolled out in November.

System Assessments

Due to the re-scheduling of Country Week, the second round of OLNA testing will take place during Week 8. Negotiations are being made for a new Writing window that will complement the big schedule already in place in Week 8.

Athletics Carnival

The Athletics carnival will take place on Tuesday 6 September. Once again, this will be a one venue competition with all events taking place on the top oval. Portable toilets have been ordered for this event and hopefully, the weather will be kind.

School Development Day

On Wednesday 7 September, the school will have the fourth of six School Development Days. The emphasis will be on curriculum as we work to close the gap between Teacher judgements and system assessment results. Staff are focussing closely on the data of their classes, and all are working on improvement strategies for Semester Two.

Virtual Power Plant (VPP) Project

CBSHS has been selected to take part in the Schools VPP Project. This is an exciting opportunity for the school community - and it represents new work being undertaken by Synergy. Value to the school could be as much as 20-30% of the power consumed by the school. There will be information sessions for the community, so watch out for these.

P&C News

The P&C have undertaken 2 successful fundraisers in the past few weeks. They were able to secure a second 'Sausage sizzle' spot at Bunnings on Saturday 30 July. This event added \$1400 to the coffers. Thank you to all P&C members that helped- but specially to President Justin Mallard who cooked all day and Secretary Mandy Fry who organised the logistics. An event of this nature raises our profile in the community and nets a handy profit.

Representative members will attend the WA Council of State School Organisations (WACSSO) conference later in September. The conference will be attended by both the Minister for Education and the Director General. Questions that they will present are around the possible replacement timeline of the gym and also student funding.

KEY DATES

- 17 Aug - Board meeting
- 18 Aug - Fogarty ED School Improvement Workshop
- 18 Aug - Midwest Leaders Briefing
- 23-25 August - Try a trade TAFE Yrs 10 - 11
- 28 Aug - 2 Sep - Country Week
- 29 Aug - 23 Sep - OLNA
- 6 September - Athletics Carnival
- 7 September - School Development Day
Students DO NOT attend school
- 16 September - Good Standing Review
- 21-23 September - Year 12 SIDE Exams
- 3-7 Oct - Year 12 School Examinations



A word from our Associate Principal Mr Wyatt

After all of the rain and cold weather, we are looking forward to Spring and the sunshine. As always we continue to be extremely busy at Champion Bay Senior High School, with our students continually aspiring to be their best and showing resilience despite the many challenges they may face.

OLNA

OLNA round 2 will commence on 5 September in Week 8, for Reading, Writing and Numeracy. We wish our Year 10, 11 and 12 students all the best and thank Mrs Worthington, the Literacy team and all staff that have assisted in preparing our students.

Course Counselling

The first 3 weeks of the term have been extremely busy and exciting for our Year 10 students, as they begin their pathway choices into Senior School and beyond. I would like to thank the office staff for booking over a 100 meetings with families, Miss Bright, Miss Lydon, Miss Bell, Mrs Thompson, Mrs McLaren, Mrs Worthington and Mrs Kempton for all of their efforts supporting the Year 10s.

Athletics Carnival

While our athletics carnival is rapidly approaching, I would like to acknowledge the work our Year 10s and 11s have done when assisting our local primary schools with their carnivals. It is another fantastic opportunity for our students to display our expectation of Respect whilst in our Community.

Year 10/11 Certificates of Excellence

It was great to see so many Year 10 and 11 students being recognised for their efforts in Semester 1. Photos below of students receiving Certificates of Excellence and the coveted RAR draw at our assembly. Don't forget to check out all the photos from the assemblies on Facebook.



Do you know what they're vaping?

Champion Bay Senior High School, like many other schools, has seen a recent increase in young people vaping.

Electronic cigarettes or e-cigarettes, often called 'vapes', are electronic devices designed to deliver vapourised liquids into the lungs. There are many different styles of vapes and types of e-liquids, or e-juices, available. Vapes come in many shapes and sizes and can be made to look like everyday items including highlighters, pens or USB memory sticks.

The biggest misunderstanding about vapes is that they are harmless compared to cigarettes. This is not true.



Vaping facts

- Many vapes contain nicotine making them very addictive.
- The nicotine in 1 vape can equal 50 cigarettes.
- Vapes can contain the same harmful chemicals found in cleaning products, nail polish remover, weed killer and bug spray. They just don't put it on the pack.
- Vapes can leave young people at increased risk of depression and anxiety.
- Young people who vape are 3 times as likely to take up smoking cigarettes.
- Vape aerosol is not water vapour.
- Vaping has been linked to serious lung disease.
- Vapes that contain nicotine can cause long-lasting negative effects on young people's brain development.

Signs your child might be vaping

Tell-tale signs that your child might have started vaping include the symptoms of nicotine addiction such as feeling irritable or anxious.

The laws around selling vapes

It is reported that young people often purchase vapes online, from retail stores or from friends and contacts in the community. However, it is illegal in WA to sell e-cigarette devices and nicotine vaping products to anyone regardless of age, unless they are prescribed by a doctor for smoking cessation purposes and obtained with a prescription from a pharmacy.

In WA e-cigarette devices and their components, whether they contain nicotine or not, cannot be sold by tobacco or general retailers. If you suspect someone is selling vapes or e-cigarettes and their components, you can report it to the Department of Health by emailing TobaccoPolicy@health.wa.gov.au

Talk to your child about vaping

Whether you suspect your child is vaping or not, take the time to talk to them about vaping and help them understand the risks. Try to start the conversation in a relaxed easy-going way, be patient, and remember your goal is to have a conversation, not deliver a lecture. Importantly, have your facts ready.

For more information

Get the evidence and facts at www.education.wa.edu.au/drug-education



wirrpanda
foundation

Deadly Sista Girlz

Deadly Futures Expo

During Week 2 of Term 3, Deadly Sista Girlz flew to Perth with 4 of our Year 12 students for a night and attended the Deadly Futures Expo at Frasers Restaurant, Kings Park. Our DSG's took part in a day of exploring career opportunities and study pathways from over 30 amazing organisations. The girls made their way through the expo collecting as much knowledge and advice as possible before we concluded our trip and flew home to Geraldton. The girls had a great day chatting with vendors, listening to guest speakers and learning new things while also getting to know other DSG's from across the state. We look forward to next years expo 😊



What a fantastic week 6 it was for CBSHS this year.

Throughout the week, a number of events are hosted by our AIEOs, FTD, DSG, and Clontarf.

An assembly led by Follow The Dream kicked off the festivities. With his very own Welcome to Country speech and explanation of the current season, our AIEO David Ronan gave us all a warm welcome. Layla Abdul Arnie recited a poem, Manny Richardson shared his thoughts on what NAIDOC means to him, and our special guest Dale Forsyth provided an incredibly moving picture of the Aboriginal Timeline.



During our break, DSG entertained all of our students with fantastic music, face painting, and boomerang designs. Our Deadly Sista Nikki Dickerson provided a tonne of creative inspiration.



During lunchtime The Long Bomb competition was hosted by Clontarf at the Healing Garden. Monday for the boys and Tuesday for the girls. The winners for both competitions were Patrick Varney and Kalirra Tesling.



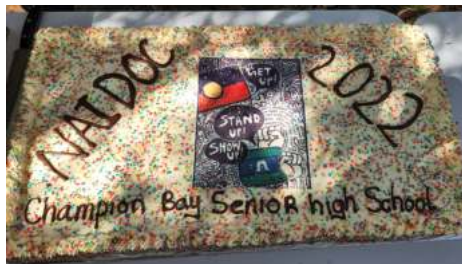
Lunchtime on Wednesday and Thursday was a 3 Point Shoot Out with the boys and girls, Gabriel Parfitt and Russell Sedgwick had arranged for a few Buccaneers players Johny Narkle, Malik Meunier, and our very own Mr Liam Hunt to take part. For the girls, Keyahla Bolton-Shiosaki triumphed and for the boys Jimmy Horsman.



This year's sand mural is another example of Matty Tyler surpassing himself. The entire school was in awe when he drew one of Nikki Dickerson's designs, who is one of our own DSG staff members. Thank you so much to Patience Sandland for their generous donation of sand for the third consecutive year.



It was predicted to be a gorgeous bright day on Friday, but we neglected to check the wind component, but Mr Ronan arrived at school quite early, as did Steve, our gardener, who assisted in getting the fire started and Year 12 student Kane Rogers, who stayed all day to provide a helping hand. The coals were ready for the kangaroo stew that Mr Ray Dann was busily preparing, the damper was hot and ready for some butter and Golden Syrup, which many staff saw the opportunity for a taste test. Michael Mongoo and Charlie Comeagain from WAPOL were also in attendance and assisted Clontarf in cooking the sausages. We also had parents and guardians join us for our big feed down at our Healing Garden.



After the staff, parents and students had finished their kangaroo stew and were sufficiently stuffed, Ms Mac and Home Ec had decorated a cake for us to round off our celebration and week.

Thank you to all who were involved in making this week happen, AIEO's, Helen Thompson FTD, Deadly Sista Girlz, Clontarf, Kylie Lowe, Matty Tyler FPP, Steve Bower, Sue Mac Home EC, Perry Clifton and everyone else who I haven't mentioned. Let's make next year bigger.

GET UP! STAND UP! SHOW UP!

An adaptation of....

TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS

Students have been working hard and are working towards the final stages of rehearsal.

We plan to have our opening show on Sun 18th Sept.

There are some amazing staff assisting in the preparations, including Ms Pusey and parent Mrs Auld, who is designing and making our costumes for us.

Here is a sneak peek of some costumes and the students rehearsing.

Mrs Jo Corlett
HOLA Arts





It's called **reading**.
It's how people install new
software into their brains.

WA Premier's Reading Challenge 2022

Reminder that the closing date for this challenge is September 9.

There are fantastic prizes to be won, including family holidays and experiences across Western Australia.



Donation During NAIDOC Week

Thank you to the Indigenous Literacy Foundation and Helen Thompson for donating fantastic resources to our library.

Young Writer's Workshops

Brian Falkner was the visiting author for the Young Writer's workshops this term.

Students from Dongara, Greater Geraldton and the Kalbarri region could participate in these workshops.

Our Library hosted year 6 students on Wednesday 3 August and years 7/8/9 students on Thursday 4 August.

On Friday Nagle Catholic College accommodated students from years 9 to 12.

The writing skills taught at these workshops offer students new perspectives and builds their confidence.



Join us for a memorial walk
along the foreshore at Sunset

Light a candle with us for
World Suicide Prevention Day

Saturday 10th September
5.30 pm - 8 pm
Midalia Beach (AJ's Café)



Food & Refreshments Provided
Alcohol Free Event

ENRICHMENT



Week 10 of Term 2 saw 7.6 embark on their HASS excursion around Geraldton city centre. We had been studying the liveability of places around the world, with a focus on what features and facilities Geraldton has to attract people to live here.

Our day out consisted of visits to some of the city's most popular locations: the Museum, the HMAS Sydney Memorial, the Art Gallery and Visitor Centre, the Cathedral, Queens Park Theatre as well as a walk along our beautiful foreshore ending at the Esplanade with a chance to view the sea lions.

We experienced wonderful weather for a winter's day – another feature that attracts people to live here and also had the chance to buy some food from some of the many eateries we have here in Geraldton.

It was a long day, with lots of walking but all the students took it in their stride and behaved impeccably. We are already looking forward to the next excursion!

Ms Shelagh Doyle
Enrichment Teacher



GLM STUDENT SNAPSHOT



Geraldton Lighthouse Model – Partnership of schools

In late 2020, CBSHS was invited to participate in The Geraldton Lighthouse Model – Partnership of Schools together with three primary schools in the community. This initiative includes the delivery of professional learning for staff and increased resourcing in order to foster improved educational outcomes for autistic students at CBSHS. Evidence-based programs aimed at increasing academic engagement, social skilling, and emotional regulation are crucial aspects of this model and are being embedded across all year levels at CBSHS. Two of the priorities are to develop a seamless transition between primary and high school settings and from high school to post school. Below is description of a successful transition of one of our current Year 7 autistic students.

Dylan attended our SEN transition in 2021, as a Wandina Primary student.

During Transition, Dylan formed a strong bond with his year 11 mentors from the Champions at Work class which we have carried through into this year as a regular mentoring session.

Dylan – “ I love working with my EA, Mrs Smith, using the PAD, and cooking with my year 12 mentors. I have made new friends, I like the teachers, and I like that they use alternative workspaces, and that I get time out of the class for movement breaks. I think I have developed more patience this year and I am getting better at planning ahead and setting goals.”

CHAMPIONS AT WORK (CAW)

The Champions at Work (CAW) program is an initiative at CBSHS which provides an alternative pathway, linking school with future employment or further study. Students who are selected for the program are either disengaged from mainstream courses or have Special Educational Needs.

This year, we are proud to have our first graduating CAW class. They are busy preparing to transition into the world of work or further study. As well as completing school subjects, which includes project-based learning, they have been busy applying for apprenticeships, jobs, and traineeships. Helping with this process, we would like to acknowledge the team in Careers Central. The Year 12 CAW class have also been involved in mentoring some of our younger students this year, playing sport with the students at recess and lunch and cooking with others.

Our year 11 Champions at Work group have been applying for TAFE courses, completing endorsed programs (Art and Popular culture), which contribute towards their WACE achievement. Some of our year 11's are also applying for part time work and learning how to improve their work readiness skills.

During recess and lunch, our CAW building is open for our Year 10-12 students to have a safe place to eat, socialise, complete assessments or work on individual projects. We often have art, knitting, origami, reading, foursquare, footy kicking and conversations happening in this space during break times. The Year 10 CAW class also enjoy the CAW building as their form room and is a positive environment to start each school day.

If you would like any further information, please contact Rita Twigg, our CAW Coordinator on rita.twigg@education.wa.edu.au or Natalie Worthington, our Literacy and Learning Support Coordinator on natalie.worthington@education.wa.edu.au



Aubrey from year 12 CAW and Amon our new student leader from 7.6 dressed up on Careers day



Dylan working with year 12 CAW mentors



Far left - Year 12 Kalbarri excursion at Natures Window



Left - Year 11's problem solving

Mrs Rita Twigg
Program Coordinator

RURAL YOUTH AMBASSADORS



Ms Jenn Higgins
Career Practitioner

Manny Richardson, Amelia Jensen and Chelsea Routledge and 5 other young people across the Midwest region of Western Australia formed part of the first state-wide Rural Youth Ambassador program in Western Australia – they will join a bigger group of fourteen Rural Youth Ambassadors from the Wheatbelt region of Western Australia in a range of face-to-face forums and online discussions exploring the provision of education across rural and remote Western Australia throughout 2022.

The Midwest Rural Youth Ambassador Orientation Forum was held in Kalbarri in Term 2, where they spent three days reflecting on their education, and beginning to develop ideas that they would like to see happen to enhance and strengthen their education into the future.

The group highlighted positive elements that they experienced living within their rural and remote communities, as well as the great aspects of their education, including:

- Having strong friendships within their community
- The close relationships that exist between students and teachers
- The strong community connections especially in sports and leisure time

We have been extremely excited by the work our students have been involved in and honoured that they are representing CBSHS and the Midwest. Well done legends!



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- Receive a link via email to **ACTIVATE** your account before logging in
- **ADD STUDENT**, add your child's details, select their school and save to your account
- **ADD CREDIT** to your online wallet before ordering or pay as you go using credit or debit card
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- ✓ Tired of looking for change every morning before your kids run off to school? With QuickCliq, lunch money is a thing of the past.
- ✓ We're giving control back to you over your children's diets. By ordering their lunch ahead of time, you can ensure they are eating healthy and balanced meals.
- ✓ QuickCliq was designed with mobile access in mind. Simply login to add credit and order, all from the convenience of your smartphone or tablet.
- ✓ To top up your account you have three options; Direct Debit / Credit Card / PayPal
 - Direct Debit - 0.50c transaction fee
 - The surcharge to add credit is 1.5%
 - The surcharge for PayPal is 3.8%
 - When placing an order there is a small booking fee per transaction per student.

Our Call Centre is here to assist your families with ordering online **Call 1300 11 66 37**





BECOME A MENTAL HEALTH FIRST AIDER

to support friends, family members, colleagues and others

About 1 in 5 Australian adults experience a common mental illness each year. Mental Health First Aid (MHFA) training will teach you practical skills to support someone with a mental health problem. Make a real difference to people in your community.

STANDARD MHFA TRAINING BENEFITS

KNOWLEDGE

Improves knowledge of mental illnesses, treatments and first aid actions.

CONFIDENCE

Increases confidence in providing first aid.

DE-STIGMATISING

Decreases stigmatising attitudes.

SUPPORT

Increases the support provided to others.

"I enjoyed learning the skills to be an MHFAider. The content was interesting and the facilitators made me feel at ease, even with the more sensitive content." - Georgia



LEARN PRACTICAL FIRST AID SKILLS

- Recognise common mental health problems
- Provide initial help using a practical, evidence-based Action Plan
- Seek appropriate professional help, and
- Respond in a crisis situation

This is a 12-hour educational course, not a therapy or support group.



HOW DO I SIGN UP?

Includes lunches, refreshments & manual.

<https://www.yellowribbonmidwest.org.au/mental-health-first-aid/#mhfa12>

Enquiries: projectofficer@yellowribbonmidwest.org.au

DATES 10th & 17th September

TIMES 8.45am until 4.30pm

COST FREE - On 2 Saturdays

VENUE Ngala 24 Gregory Street Geraldton

FACILITATOR/S

Sarah Collins &

Derise Jones



This is a one day, early suicide prevention training program created for and with First Nations Peoples, including Professor Chris Sarra of the Year, 2016 NAIDOC Person Of The Year.

1. An awareness of the prevalence of mental illness and suicide in Australia generally and for Aboriginal and Torres Strait Islanders
2. A strengths based approach to social support and suicide prevention
3. An understanding of the unique factors contributing to thoughts of suicide for First Nations People, including the impact of colonisation
4. The skills and knowledge to identify signs and debunk social myths
5. Tailored Indigenous mental health conversation planning tools
6. List of suitable referral, support options and resources at local and national levels.

Training Dates: Friday Friday 23rd September 2022

Time: 8.45am until 4pm

Venue: Ngala 24 Gregory Street Geraldton.

Refreshments & lunch will be provided.

Registration at:

<https://www.yellowribbonmidwest.org.au/stronger-smarter-yarns-for-life/>

Facilitated by: Derise Jones Robyn Hunt Sarah Collins

For more information: Ph: Derise 0409 266 722

FREE EVENT supported by WAPHA



COMMUNITY NEWS

WILUNYU WORDS OF WISDOM LANGUAGE EXHIBITION

BIG SKY READERS AND WRITERS FESTIVAL 2022

2022 is the beginning of the International Decade of Indigenous Languages, as declared by the United Nations.

To celebrate this occasion, a language exhibition will be mounted in the Post Office Lane Lightbox Gallery and the Geraldton Regional Library.

You're invited to create and colour your own artwork, using a special template prepared by a local Aboriginal artist and words culturally approved for use.

Prizes will awarded for the seven artworks chosen to be displayed in Post Office Lane. There are three categories (6-10 years, 11-17 years and 18 years +)
Entries close Monday 12 September.

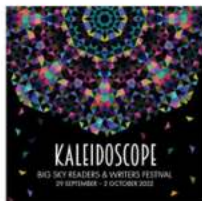
For more information, phone 9956 6750 or visit <<https://www.cgg.wa.gov.au/community/our-community/arts-and-culture/post-office-lane-lightbox-gallery.aspx>>

Art Workshop Morning with Nicole Dickerson

At Geraldton Regional Art Gallery,

Saturday 3 September, 10.30am-12.00pm

Free session, to book phone 9956 6750 or visit the Geraldton Regional Art Gallery website.



GRAG
GERALTON REGIONAL ART GALLERY

WA Primary Health Alliance
Better health, together

phn
COMMUNITY WA
An Australian Government Agency

Greater Geraldton
a vibrant future